

SPORTS

RELIANCE FOUNDATION ATHLETES DOMINATING INDOORS 2026

RFYS

Empowering India's
Sporting Future

RFYC

Nurturing Young Talent,
Building Future Champions

OLYMPIC SCHOLARSHIP

Empowering
Excellence

RF ATHLETICS

Driving Excellence
in Indian Athletics





RELIANCE FOUNDATION ATHLETES SHINE ON GLOBAL AND NATIONAL STAGES

RF Athletes Shine on Global and National Stages

There are moments that go beyond medals—and for Reliance Foundation athlete Lokesh Sathyanathan, that moment came at the NCAA Indoor Track & Field Championships in Arkansas. He clinched gold in the men's long jump with a remarkable 8.21m leap, setting a new Indoor National Record and moving to third on India's all-time list—a defining statement on the global stage.

At the inaugural National Indoor Athletics Championship in Bhubaneswar, Reliance Foundation athletes delivered a standout performance, securing 24 medals (12 Gold, 8 Silver, 4 Bronze). The contingent also set four National Records, including Baranica Elangovan's 4.22m in women's pole vault, alongside record-breaking efforts by Mohammed Afsal P, Gurindervir Singh and Reegan Ganesan—marking a powerful start to India's indoor athletics journey.



RELIANCE FOUNDATION YOUTH SPORTS: EMPOWERING INDIA'S SPORTING FUTURE

BUILDING INDIA'S NEXT GENERATION OF COACHES

RFYS, in collaboration with the AIFF, concluded another round of Coaches Upskilling Workshops across **9 centres** engaging **204+** participants in high-impact practical / theory learning environment. Tailored for D-License holders, the initiative focuses on strengthening coaching standards and creating a clear pathway for progression, quickly emerging as a key platform for coach development in India. With the culmination of these rounds of workshops RFYS Football completed 18 workshops this year across the footballing talent hotbeds in the country impacting **420+ coaches** across **B, C and D license** holders including female coaches. The programme continues to build momentum and expand opportunities for coaches nationwide to learn, grow, and advance within the game.



THE FINAL RACE BEGINS: RFDL NATIONAL CHAMPIONSHIP AWAITS

The fifth edition of the Reliance Foundation Development League (RFDL) has reached its decisive stage, with the National Championship set following the conclusion of the National Group Stage in Shillong and Mumbai. Featuring 54 teams from 19 states/UTs and 255 matches, the league continues to strengthen its role as a key pathway for youth football in India. Bengaluru FC, Punjab FC, FC Goa and Kerala Blasters FC have emerged as the top four teams, securing their spots in the final phase after a highly competitive group stage.

The National Championship in Goa will feature two-legged semi-finals, followed by the Final and 3rd place match, all to be broadcast live. With the title within reach, the stage is set for an exciting finish as the best battle for national glory.



RELIANCE FOUNDATION YOUNG CHAMPS: NURTURING YOUNG TALENT, BUILDING FUTURE CHAMPIONS

RFYC scholars continued to gain valuable competitive exposure this month, with the U18 squads (2008 & 2009) participating in the Sanix Cup in Japan. The tournament provided a strong international benchmark and learning experience against high-quality opposition.

On the domestic front, the U17 team delivered an impressive performance in the AIFF Elite Youth League, topping their regional group to qualify for the final round.

Additionally, the academy's long-term talent identification process gathered momentum, with regional scouting camps for the 2013 and 2014 age groups commencing across multiple locations.



RELIANCE FOUNDATION – OLYMPIC SCHOLARSHIP: EMPOWERING EXCELLENCE

BRIDGING SPORTS SCIENCE AND GRASSROOTS WRESTLING

In a first-of-its-kind initiative, the Reliance Foundation Sports Science team conducted a two-day Athlete Education Program across three Akhadas in Haryana on 23rd–24th February 2026, reaching over 140 athletes, coaches, and parents.

Through interactive sessions led by experts, participants engaged in live demonstrations, drills, and discussions, gaining practical tools for training and recovery. The strong involvement of parents and coaches ensured a more informed and supportive environment for athlete development.



MARCH KEY MILESTONES

POLISH OPEN 2026 – BADMINTON

1 Gold – Unnati Hooda (Women's Singles)

ASIA CUP – WORLD RANKING TOURNAMENT, STAGE 1 – ARCHERY, THAILAND

- 1 Gold – Taniparthi Chikitha (Compound – Mixed Team)
- 1 Silver – Taniparthi Chikitha (Compound – Women's Team)
- 1 Silver – Ridhi Phor (Recurve – Women's Individual)
- 1 Silver – Juyel Sarkar (Recurve – Men's Team)
- 1 Bronze – Ridhi Phor (Recurve – Women's Team)

Vietnam International Challenge 2026 – Badminton

1 Gold – Rakshitha Sree Santhosh Ramraj (Women's Singles)

SENIOR ASIAN CHAMPIONSHIPS TRIALS 2026 – WRESTLING (WOMEN: DELHI | MEN: LUCKNOW)

Reliance Foundation athletes—Vicky (FS 97kg), Neelam (WW 50kg), Hansika (WW 55kg), and Monika (WW 65kg)—have earned qualification for the Senior Asian Wrestling Championships, marking a strong representation across weight categories.



RELIANCE FOUNDATION ATHLETICS: DRIVING EXCELLENCE IN INDIAN ATHLETICS

INAUGURAL PERFORMANCE GRADED COMPETITION IN MUMBAI

Reliance Foundation Athletics hosted its first Performance Graded Competition (PGC) on 11th March in Mumbai at the National Athletics Center, Jio Institute, Ulwe—marking a key step in building a strong competition culture.

Focused on sprints, the meet provided athletes with high-quality race exposure in a professional setting, featuring accurate timing and structured execution. The PGC sets the foundation for a consistent competition ecosystem, crucial for preparing athletes for higher-level national and international events.

RELIANCE FOUNDATION ATHLETICS MARCH HIGHLIGHTS

1ST NATIONAL INDOOR ATHLETICS CHAMPIONSHIPS – BHUBANESWAR

NATIONAL RECORDS:

Baranica Elangovan – Women’s Pole Vault – 4.22m (Indoor & Outdoor National Record)

Mohammed Afsal P – Men’s 800m – 1:47.86s (Indoor National Record)

Gurindervir Singh – Men’s 60m – 6.60s (Indoor National Record)

Reegan Ganesan – Men’s Pole Vault – 5.30m (Indoor National Record)

Podium Finishes

1 Gold – Baranica Elangovan – Women’s Pole Vault – 4.22m

1 Gold – Shivaji Parashuram Madappagoudra – Men’s 3000m – 8:09.88s

1 Gold – Ommkar Prasad Nanda – Men’s U20 Shot Put – 17.77m

1 Gold – Sarun Payasingh – Men’s Long Jump – 7.80m

1 Gold – Mohammed Afsal P – Men’s 800m – 1:47.86s

1 Gold – Krishik M – Men’s 60m Hurdles – 7.71s

1 Gold – Reegan Ganesan – Men’s Pole Vault – 5.30m

1 Gold – Swadhin Kumar Majhi – Men’s High Jump – 2.18m

1 Gold – Dolamani Chirgun – Men’s U20 3000m – 8:39.13s

1 Gold – Harita Bhadra – Women’s 60m – 7.32s

1 Gold – Md Sinan – Men’s 400m – 48.27s

1 Gold – Gurindervir Singh – Men’s 60m – 6.60s

1 Silver – Rathish P – Men’s 60m Hurdles – 7.84s

1 Silver – Laxmipriya Kisan – Women’s 800m – 2:13.20

1 Silver – Sabita Toppo – Women’s 60m Hurdles – 8.40s

1 Silver – Lalu Prasad Bhoi – Men’s 60m – 6.65s

1 Silver – B Unnathi Aiyappa – Women’s 60m – 7.46s

1 Silver – Jagdish – Men’s 1500m – 3:50.11s

1 Silver – Bapi Hansda – Men’s U20 400m – 49.27s



Podium Finishes

- 1 Silver - Bapi Hansda - Men's U20 400m - 49.27s
- 1 Silver - Sukhi Baskey - Women's 400m - 55.67s
- 1 Bronze - Susmita Tigga - Women's 3000m - 10:22.30
- 1 Bronze - B Unnathi Aiyappa - Women's 400m - 56.45s
- 1 Bronze - Aryan Ekka - Men's 400m - 49.86s
- 1 Bronze - Abhay Singh - Men's U20 60m - 6.88s

5th Indian Open Throws Competitions, NIS, Patiala

- 1 Gold - Damneet Singh - Men's Hammer Throw - 70.64m
- 1 Gold - Oshin - Girls U18 Discus Throw - 43.61m
- 1 Gold - Ommkar Prasad Nanda - Men's U20 Shot Put - 17.85m
- 1 Silver - Shiksha - Women's Shot Put - 16.30m
- 1 Silver - Rishabh Giri - Men's U20 Javelin Throw - 72.51m
- 1 Silver - Anand Singh - Men's Javelin Throw - 76.94m
- 1 Bronze - Kishore Kumar Jena - Men's Javelin Throw - 74.75m



5th Indian Open Jumps Competitions, NIS, Patiala

1 Gold – Baranica Elangovan – Women's Pole Vault – 4.10m

1 Silver – Sarun Payasingh – Men's Long Jump – 7.78m

1 Bronze – Swadhin Kumar Majhi – Men's High Jump – 2.13m

RF Athletes participates in 3rd National Open Relay Competitions – Chandigarh

All-RF Athletes Set National Record in 4x100m Mixed Relay – 42.30s

1 Gold – Abhinash Sahu – Men's 4x100m Relay Team

1 Gold – Mahendra Santa – Men's 4x100m Relay Team

1 Gold – Lalu Prasad Bhoi – Men's 4x100m Relay Team

1 Gold – Dondapati Mrutyam Jayaram – Men's 4x100m Relay Team

1 Gold – Lalu Prasad Bhoi – 4x100m Mixed Relay

1 Gold – Dondapati Mrutyam Jayaram – 4x100m Mixed Relay

1 Gold – Harita Bhadra – 4x100m Mixed Relay

1 Gold – Unnati Aiyypa – 4x100m Mixed Relay

1 Silver – Prisha Mishra – Women's 4x100m Relay

1 Silver – Aarti – Women's 4x100m Relay

1 Silver – Aliza Mulla – Women's 4x100m Relay

1 Silver – Harita Bhadra – Women's 4x100m Relay

1 Silver – Gurindervir Singh – 4x100m Mixed Relay

1 Silver – Tamilarasu S – 4x100m Mixed Relay

1 Bronze – Chinmay Nag – Men's U-20 4x100m Relay





MARK YOUR CALENDARS!

- **ISSF World Cup Shotgun** | Tangier, Morocco | 25 Mar – 3 Apr 2026 (Shooting)
- **Sr. Asian Boxing Championships** | Ulaanbaatar, Mongolia | 28 Mar – 11 Apr 2026 (Boxing)
- **ITTF World Cup, Macao** | Macau, China | 30 Mar – 5 Apr 2026 (Table Tennis)
- **ISSF World Cup Rifle/Pistol** | Granada, Spain | 5 – 13 Apr 2026 (Shooting)
- **Sr. Asian Wrestling Championships** | Bishkek, Kyrgyzstan | 6 – 12 Apr 2026 (Wrestling)
- **Archery World Cup Stage 1** | Puebla, Mexico | 7 – 12 Apr 2026 (Archery)
- **ISSF Junior World Cup** | Cairo, Egypt | 19 – 27 Apr 2026 (Shooting)
- **Badminton Asia Championships 2026** | Ningbo, China | 7 – 12 Apr 2026 (Badminton)
- **BWF Thomas & Uber Cup Finals 2026** | Horsens, Denmark | 24 Apr – 3 May 2026 (Badminton)
- **RFYC Naupang League (IDCH)** | 6 – 11 Apr 2026
- **AIFF Elite, Junior & Sub-Junior Leagues** | From 18 Apr 2026 onwards
- **RFDL National Championship** | Goa | 12 – 18 Apr 2026
- **24th National Junior Athletics Federation Competition, Tumkur (Karnataka)**
– 24th to 26th April 2026

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